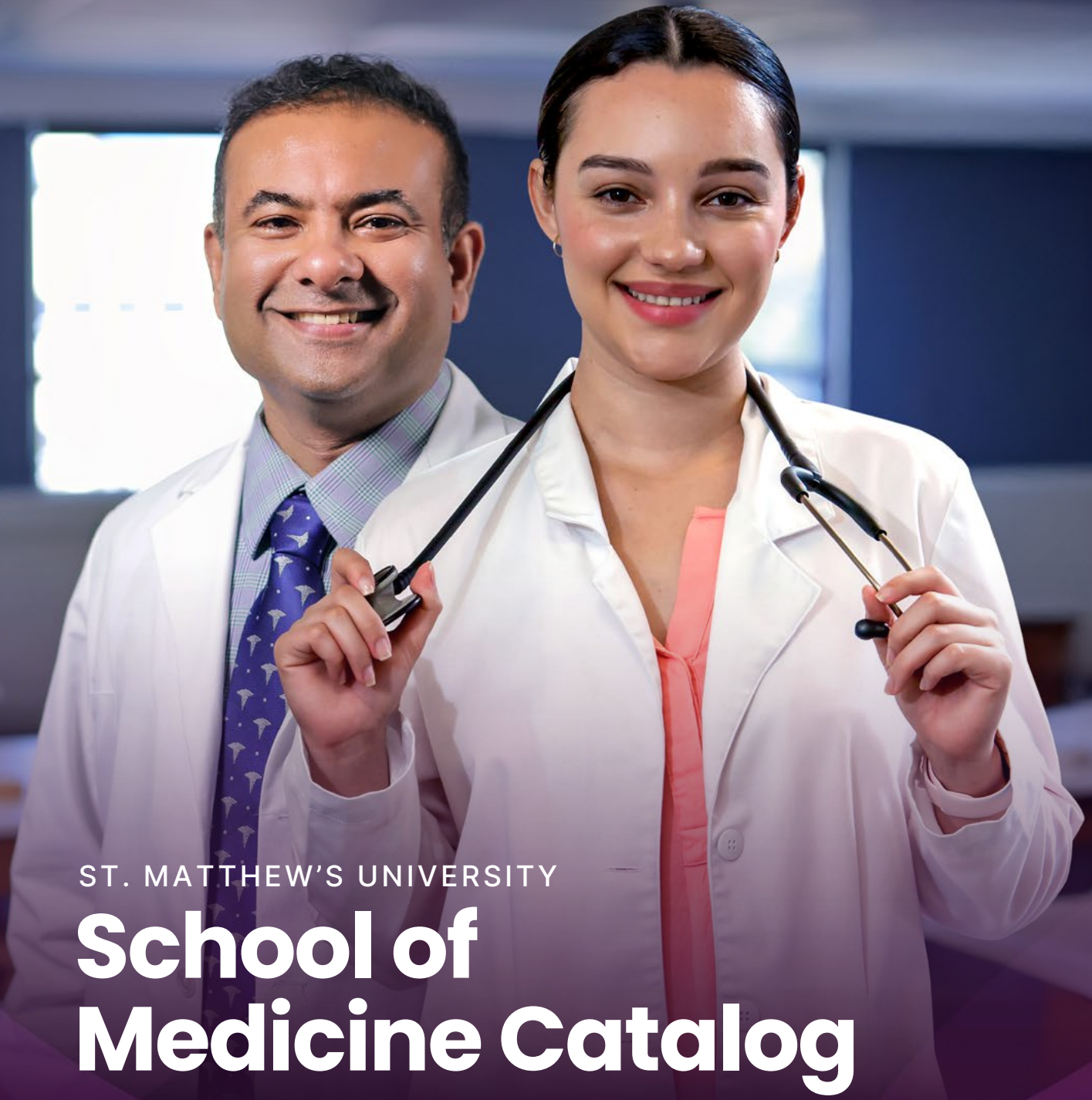




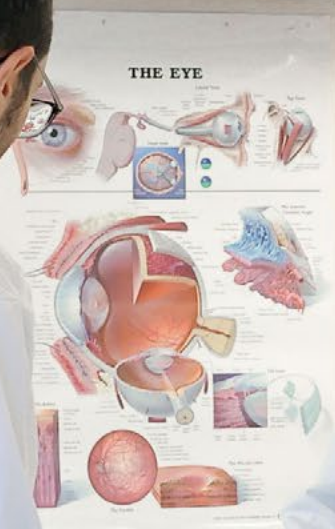
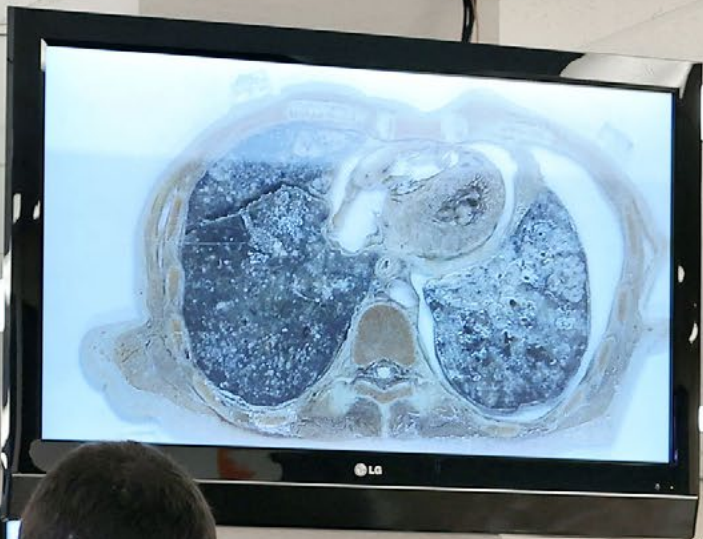
ST. MATTHEW'S  
UNIVERSITY



ST. MATTHEW'S UNIVERSITY

# School of Medicine Catalog

2026-2028



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**Founded in 1997, St. Matthew's University School of Medicine (SMUSOM) has provided medical education and hands-on training for 2,300+ MD program graduates.**

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# Welcome to St. Matthew's University School of Medicine

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We would like to extend to you a warm welcome to St. Matthew's University School of Medicine (SMUSOM). We are delighted that you have chosen SMUSOM to pursue your medical education. You can rest assured that you have made the right choice. Our student-centered mission drives us to do everything we can to help you achieve your goal of becoming a successful physician.

At SMUSOM, our intentionally small class sizes allow our faculty and staff to provide more attention to your academic and personal needs. This individualized support is complemented by our Learning Center, where we offer personalized care in order to help address your individual needs. Our curriculum is carefully crafted to maximize your success and is aligned with North American standards of medical education.

Students at SMUSOM begin early clinical experiences in their second year. Our comprehensive pre-clinical curriculum and clinical shadowing programs in the Cayman Islands' world-class hospitals and clinics help our students understand the powerful link between basic sciences and clinical practice. This is a great way to bridge the gap between the theory and practice of medicine. SMUSOM also provides modern IT infrastructure, classrooms, study spaces and learning platforms, to support our students as they pursue their Doctor of Medicine (MD) degrees.

With residency placements at notable institutions, such as the University of Massachusetts, McMaster University, University of Miami and Florida State University, our graduates are a testament to the success of our educational approach. This success is partly due to the in-depth experience of our faculty, who are experts in their fields and come from all over the world.

Our alumni network is robust and thriving, with graduates excelling in various medical specialties across the globe. Staying connected with our alumni provides current students with invaluable mentorship, networking opportunities and guidance as they navigate their medical careers. The achievements of our alumni inspire and motivate us to continually strive for excellence in medical education.

Beyond academic activities, Grand Cayman offers many opportunities for fun and entertainment to help you relax after intense study sessions. The island features some of the world's best beaches and finest restaurants, all within a beautiful Caribbean setting known for its exceptional safety profile.

Upon completing the Basic Science portion of your education, you will apply what you have learned in the classroom through clinical rotations at affiliated teaching hospitals in the U.S. (core and electives) and Canada (select electives) during Clinical Medicine. At SMUSOM, we are dedicated to helping you meet your career goals by working closely with you to ensure that you gain the experience and credentials necessary to secure a residency in your chosen specialty. Our dedicated clinical team is committed to your success, providing student-centered support and a passion for medical education.

Our curriculum emphasizes a strong work ethic, teamwork, compassion for patients and a continuing curiosity about the evolving science of medicine. We look forward to assisting you as you pursue your dream of becoming a practicing medical doctor.

Sincerely yours,

**GORDON GREEN, MD, MED, EDD, FRCPC**

Executive Dean

St. Matthew's University School of Medicine





# Mission Statement

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**The St. Matthew's University School of Medicine's mission is to provide students of diverse backgrounds with the opportunity to acquire the medical and clinical expertise needed for a successful career as a practicing clinician, along with the skills and confidence needed to critically evaluate and apply new information.**

In order to fulfill this mission, the school's program is structured around certain ideals, which embody its view of the essential qualities of today's practicing physician. These ideals are defined in the six competencies adopted by St. Matthew's University School of Medicine and summarized below:

## **PATIENT CARE**

Students must be able to provide patient care that is compassionate, appropriate and effective for the treatment of illness and the promotion of health.

## **SCIENTIFIC & MEDICAL KNOWLEDGE**

Students must demonstrate knowledge about established and evolving biomedical, clinical and associated sciences, as well as the ability to apply this knowledge to the practice of medicine throughout the life cycle.

## **LIFELONG LEARNING, SCHOLARSHIP & COLLABORATION**

Students must be able to examine and evaluate their patient care practices, appraise and assimilate scientific evidence, and use this information to improve their abilities.

## **PROFESSIONALISM**

Students must demonstrate a commitment to the highest standards of professional responsibility, adherence to ethical principles and sensitivity in all interactions with patients, families, colleagues and others with whom physicians must interact in their professional lives.

## **COMMUNICATION & INTERPERSONAL SKILLS**

Students must display interpersonal and communication skills that foster effective information exchange and build rapport with patients, their families and professional associates.

## **SOCIAL & COMMUNITY CONTEXT OF HEALTHCARE**

Students must demonstrate knowledge of and responsiveness to the larger context of healthcare, and the ability to effectively call on system resources to provide care that is of optimal value to the health of the individual and of the community.

# The SMUSOM Difference

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St. Matthew's University School of Medicine (SMUSOM) offers a medical education that is completely focused on the success of our students. In this environment, students achieve their academic, personal and career practice goals.

## **GRADUATES**

More than 2,300 aspiring physicians have earned their MD degrees at SMUSOM. Our alumni practice in the U.S., Canada and internationally.

## **RESIDENCY PLACEMENT**

SMUSOM graduates have achieved residency placements at notable institutions such as the Mayo Clinic, Johns Hopkins, NYMC Metropolitan Hospital Center, St. Joseph's Medical Center (California), Northwestern University, the University of Florida, McGill University and Duke University.

## **ACCREDITATION AND RECOGNITION**

St. Matthew's University School of Medicine is accredited by the Accreditation Commission on Colleges of Medicine (ACCM), which is recognized by the World Federation for Medical Education (WFME).

SMUSOM is licensed by the Commission for Independent Education, Florida Department of Education (Florida license number 2634). Additional information regarding this institution may be obtained by contacting the Commission at 325 West Gaines Street, Suite 1414, Tallahassee, FL 32399. The toll-free telephone number is 888-224-6684.

SMUSOM is approved by the State of New York for all clinical rotations, residencies and licensing. Please visit the New York State Education Department Office of the Professions' Website ([www.op.nysed.gov/medforms.html](http://www.op.nysed.gov/medforms.html)) to view the listing of approved schools.

SMUSOM is approved by the Medical Licensing Board of Indiana.

See the Credentials section on page 10 for more information.

## **FACULTY**

Our knowledgeable and experienced faculty members all hold MD or PhD (or equivalent) degrees.

## **CLINICAL ROTATIONS**

MD students who have successfully completed the Basic Science portion of the MD program go on to undertake rotations at affiliated teaching hospitals in the U.S. (core and electives) and Canada (select electives).

## **USMLE PREPARATION**

The U.S. Medical Licensing Examination (USMLE) review course and detailed USMLE guidance are essential components of the MD program curriculum.



## Commitment to Student Success

At SMUSOM, we are as committed to your dreams as you are. Throughout your ten semesters with us, we support your success with student learning services that enhance your medical education.

### **FACULTY ADVISORS**

Faculty Advisors provide valuable advice and assistance to help you adjust to living on Grand Cayman, and successfully navigate the varied demands of medical school.

### **FOCUS ON TEACHING**

Learn from dedicated, knowledgeable faculty whose time commitments are focused on teaching and mentoring.

### **THE LEARNING CENTER**

Learning Center services are tailored to meet your unique academic and personal needs, ensuring that you receive individualized attention and support.

### **TEACHING ASSISTANTS**

Our dedicated Teaching Assistants are an important part of the learning experience; they are committed to enriching your academic experience and helping you excel in your studies.

### **CENTER FOR EXCELLENCE IN MEDICAL EDUCATION**

Educational workshops, clinical pathological conferences and research in medical education.

### **STUDENT MENTORS**

Student mentors understand the challenges of adjusting to life in medical school and are eager to see you succeed.

### **PERSONALIZED ATTENTION**

Our close student-to-faculty ratio in the MD program encourages regular interaction between students and faculty members.

# Credentials

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- The World Health Organization lists St. Matthew's University School of Medicine in the World Directory of Medical Schools ([search.wdoms.org](https://search.wdoms.org)).
- The Educational Commission for Foreign Medical Graduates recognizes St. Matthew's University School of Medicine ([www.ecfm.org](https://www.ecfm.org)).
- St. Matthew's University School of Medicine is chartered by the Government of the Cayman Islands, B.W.I.
- The accrediting body for the Cayman Islands, and consequently St. Matthew's University School of Medicine, is the Accreditation Commission on Colleges of Medicine (ACCM). Learn more at [accredmed.org](https://www.accredmed.org). The ACCM is recognized by the World Federation for Medical Education (WFME).
- The United States Department of Education, via the National Committee on Foreign Medical Education and Accreditation (NCFMEA), reviews the standards that countries use to accredit medical schools. The NCFMEA has determined that the accreditation standards used by the ACCM to accredit St. Matthew's University School of Medicine's medical program are comparable to those used by the Liaison Committee on Medical Education (LCME), the accrediting body that accredits MD-granting medical programs in the United States.
- St. Matthew's University School of Medicine is licensed by the Commission for Independent Education, Florida Department of Education (Florida license number 2634). Additional information regarding this institution may be obtained by contacting the Commission at 325 West Gaines Street, Suite 1414, Tallahassee, FL 32399. The toll-free telephone number is 1 (888) 224-6684.
- St. Matthew's University School of Medicine is approved by the State of New York for all clinical rotations, residencies and licensing. Please visit the New York State Education Department Office of the Professions' Website at [op.nysed.gov](https://op.nysed.gov) to view the listing of approved schools.
- St. Matthew's University School of Medicine is approved by the Medical Licensing Board of Indiana.







**LOM**  
Offshore Financial Services

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*bonvicant*  
Real Estate



# The Cayman Islands

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Within the vibrant blue waters of the Caribbean is Grand Cayman, one of the three Cayman Islands. Not only does Grand Cayman offer pristine beaches and world-class diving, it boasts numerous attractions, shopping opportunities and locations to explore, including the capital city of George Town. As the largest of the three islands, Grand Cayman offers many familiar amenities and modern conveniences, including dining, transportation, entertainment and healthcare.

Only 480 miles from Miami, Florida, 50 miles south of Cuba, and 180 miles northwest of Jamaica, the island is easily accessible. There are at least 55 flights per week entering Grand Cayman and 28 from Miami alone. Major carriers such as Cayman Airways, American Airlines, Jet Blue, United, Delta, Southwest, WestJet and Air Canada offer direct flights from major cities, including Chicago, Toronto, New York, Charlotte, Atlanta, Houston, Tampa and London.

The Cayman Islands' remarkable success as a financial center and tourist destination has transformed the nation into a dynamic society that has modern conveniences but still retains the charm and vibrancy of the Caribbean.

**Everything about this exquisite island paradise is worth experiencing and celebrating, including the hospitality of the local community, rich culture, superb weather, stunning beaches and scenery, great restaurants, exciting nightlife and so much more.**

As an integral part of this exceptional community, SMUSOM offers students a living experience that few medical schools in any part of the world can match.

## THE CAYMAN ISLANDS

- Provide a world-class healthcare system with one of the highest physicians-to-population ratios in the Caribbean.
- Enjoy one of the highest per capita incomes in the world.
- Offer stability, a strong tourism trade, a safe community, and highly developed technology and healthcare resources.
- Is one of the safest and most secure places to live in the Caribbean.

## DINING

Cayman is a culinary playground for chefs and a paradise for people who appreciate excellent food. From haute cuisine, to casual waterfront bars and restaurants, to Jamaican style "Jerk" chicken and pork at roadside stands across the island, there is something for everyone. Diners can choose from traditional Caymanian, Mediterranean, American, Indian, Chinese, Thai and Tex Mex restaurants, or even familiar franchises like Burger King, Wendy's, Kentucky Fried Chicken and Domino's Pizza. Other choices range from 5-star sushi to pasta al fresco served by serenading Italian waiters. How about afternoon tea at the Ritz? The Ritz Carlton, Cayman serves an elegant tea with all the trimmings in the Silver Palm Lounge every afternoon (pre-booking highly recommended). Cravings for local food, such as turtle stew, fish rundown and stewed conch can be satisfied at Caymanian hot-spots like Welly's Cool Spot, Champion House and Corita's Copper Kettle.

## DIVING

Some of the most vibrant coral reef systems in the world exist in Cayman waters, which offer wonderful opportunities to scuba dive, snorkel and swim in tropical seas that are warm year round. Since the main campus is just steps away from the famous Seven Mile Beach, students can literally walk out of their class and across the street for a quick swim, snorkel, sunset volleyball game or even to study on the beach.

The calm waters and 200-foot visibility underwater make the Cayman Islands an ideal place to build experience and confidence while scuba diving and snorkeling. Divers and snorkelers can swim with the friendly rays at Stingray City, experience the magic of swimming among a school of Yellowtail fish, or get up close with the various species of turtles, parrotfish, lobsters, eels, sea urchins and squid that populate the famous coral reefs.

As a premier diving destination, Cayman offers a wide choice of local dive operators that offer beginner and advanced scuba courses, as well as affordable dive trips for certified divers. For those with hectic schedules or divers who want to avoid a crowded dive boat, there are plenty of gorgeous dive sites that are an easy swim from shore. Please be sure to observe best safety practices when exploring dive sites independently.

## LEISURE & RECREATION

Along with world-class diving, Cayman has a plethora of other activities and points of interest. The Cayman Islands National Museum, which overlooks George Town harbor, houses natural and cultural histories. Just like at home, Camana Bay Cinema offers a state-of-the-art, six screen cinema with stadium seating. With over 33 sporting associations, you are bound to find a league that's right for you – whether it's baseball, basketball, flag football, ball hockey, cricket, cycling or soccer. There are also multiple gyms on the island, as well as endless water sports, including swimming, sailing and kayaking.

## CLIMATE

The weather on Grand Cayman is pleasant year round, with temperatures ranging from 70° to the mid 80°s (Fahrenheit). The rainy season lasts from May to November; however, the rains are usually brief and the sun soon returns. Cayman does have a winter, from December to April, which is when there is infrequent rain and the cool breezes return.

Hurricane season runs from June to November and Grand Cayman is well prepared. Hurricane information packs are available from Hazard Management Cayman Islands by visiting [caymanprepared.gov.ky/](http://caymanprepared.gov.ky/).

## TELECOMMUNICATIONS

State-of-the-art telecommunications services are offered on the island. These services include local and long distance calling, mobile phones, cable and internet. Service is comparable to that found in the U.S. The main providers are Flow, Digicel, Logic and C3 Communications. It would be best to consult with your existing provider to ensure that your mobile phone is compatible with their service.

For more telecommunication information, please visit [caymannewresident.com](http://caymannewresident.com).

## HEALTHCARE

Offering both state and private health facilities, Cayman has an excellent healthcare system. A wide range of specialists, including visiting doctors from the U.S. and elsewhere, operate from private clinics. Grand Cayman is well served by private dentists and optometrists. There are also three hospitals on the island, Health City Cayman Islands, Doctors' Hospital (formerly Chrissie Tomlinson) and Anthony S. Eden Hospital (formerly George Town Hospital), as well as numerous pharmacies. Many pharmacies have multiple branches, and both Foster's Food Fair and Kirk Supermarket have in-store pharmacies, which are open 12 hours a day.

For a list of local healthcare contacts, please visit [caymanresident.com](http://caymanresident.com).







**CINEMA**

## CURRENCY

Although the U.S. dollar is not the official currency of the Cayman Islands, it is widely accepted on the island, as are money orders and credit cards. Many merchants quote their prices in both Cayman Island dollars and U.S. dollars, and you can pay in either currency. If you pay in U.S. dollars, you will likely receive your change in Cayman dollars.

## BANKING

As one of the largest financial centers in the world, banking options in Cayman are extensive. Butterfield Bank, Cayman National Bank, Proven Bank, FirstCaribbean International Bank, Scotiabank and Royal Bank of Canada offer electronic and online banking services.

## MOVING WITH PETS

Pets are allowed to be brought to Cayman. An import permit or valid animal passport issued by the Department of Agriculture and an official health certificate issued by a government employed or accredited veterinary inspector in the country of origin is required for the importation of dogs and cats.

For further information, please visit the Chamber of Commerce at [doa.gov.ky/service/import-and-export-services](http://doa.gov.ky/service/import-and-export-services).

## TRANSPORTATION

There are many options for navigating the island. People from European countries, many English-speaking countries (including the United States, New Zealand, Australia, Canada and South Africa), and the following Caribbean countries – Jamaica, Barbados, Dominican Republic, Cuba, and Trinidad and Tobago – are entitled to obtain a Cayman driving license without having to take any further tests. If in doubt, call the Licensing Department at 345-945-8344 or visit [dvdI.gov.ky](http://dvdI.gov.ky).

You must apply for a Cayman license within three months of arriving. Please remember, driving is on the left side of the road, like in the U.K.

Grand Cayman offers rentals, leasing and has numerous dealerships for purchasing a vehicle. Residents also have the option of having their vehicles imported onto the island. Please visit Cayman Resident for further details: [caymanresident.com/move/shipping-to-cayman/import-duty](http://caymanresident.com/move/shipping-to-cayman/import-duty).

In terms of public transit options, the island also has a wonderful bus system with seven bus routes, and the buses each have a distinctive colored circle on the front and rear with a route number in the middle. Another option is Island: GO!, an app-based taxi service.



## SCHOOLS

The Caymanian school system is based upon the English learning system. Cayman offers primary schools in each district for children 4-11 years of age, as well as government high schools, a community college, a university and a law school. Private schools are also abundant on the island, including but not limited to: Cayman Prep & High School, Cayman International School, First Baptist Christian School, Montessori By The Sea and St. Ignatius Catholic School. Classes are taught in English, as it is the main language of the island.

Children starting pre-school can begin at the age of two and for primary school the starting age depends on whether they will be attending a British school, such as St. Ignatius, or an American school, such as Cayman International School. British schools require children to be the age of four by September and American schools require children to be age of five by September.

For further information and a detailed listing of schools, please visit:

- The Chamber of Commerce at [web.caymanchamber.ky/Schools](http://web.caymanchamber.ky/Schools)
- New Resident at [caymanresident.com/schools](http://caymanresident.com/schools)

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## Doctor of Medicine (MD) Program

Successful candidates for the SMUSOM MD program must demonstrate the following educational strengths and personal attributes:

- Strong academic performance
- Demonstrated passion for medicine and medical practice
- Commitment to empathetic care
- Resilience in the face of personal and professional challenges
- Strategic problem-solving and critical thinking abilities
- Effective communication skills and ability to work well with others
- Curiosity and interest in medicine that drives independent learning

Candidates are evaluated on the basis of these factors:

- Academic background
- Overall grade point average
- Science grade point average
- Strength of major/minor
- Letters of reference
- Personal statement
- Activities that demonstrate service to the community
- Personal interview
- MCAT scores (required for U.S. students)

**Candidates must have earned an undergraduate degree from an approved college or university in the United States, Canada or a recognized international institution. Additionally, only a student who has earned 90+ semester credit hours of college credits will be considered for admission.**

We recognize that since medicine deals with people, an understanding of literature, art, history, ethics and philosophy is an asset to a physician. Science and humanities are not mutually exclusive and both are viewed as necessary for the practice of medicine.

The following list of courses indicates the minimal prerequisites that all applicants must complete prior to admission to SMUSOM. Applicants with lower grade point averages are encouraged to apply if other accomplishments, MCAT scores or work experience demonstrate their aptitudes. It is necessary that students be computer literate.

To learn more, scan  
the QR code or visit

[medicine.stmatthews.edu/  
admissions](https://medicine.stmatthews.edu/admissions)





## **SMUSOM requires the following prerequisites courses:**

### **GENERAL BIOLOGY**

One academic year with a laboratory component; applicants can substitute a biology-related course for ½ year of general biology. Students who pursue additional courses in the biological sciences should consider genetics, embryology, cell and molecular biology, or comparative anatomy.

### **GENERAL CHEMISTRY**

One academic year with a laboratory component.

### **ORGANIC CHEMISTRY**

One academic year with a laboratory component.\*

### **ENGLISH**

½ year of college-level English literature or composition. Applicants must demonstrate proficiency in writing, reading and oral communication.

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*\*An applicant may substitute ½ year of Biochemistry for ½ year of Organic Chemistry.*

## **ADMISSIONS REVIEW PROCESS**

The Admissions Committee selects students who exhibit the potential to flourish in a medical school environment and execute the duties of a medical doctor successfully. If the student's credentials meet the admissions criteria, the candidate will be interviewed in-person or by video conference before a final decision is made.

It is the applicant's responsibility to make sure their application is complete. Applicants should submit materials as early as possible to ensure that a timely decision can be rendered.

## **INTERNATIONAL TRANSCRIPTS**

Students with academic transcripts from outside the United States and Canada must have them evaluated on a course-by-course basis by an evaluation service such as World Education Services ([www.wes.org](http://www.wes.org)), Josef Silny & Associates, Inc. ([www.jsilny.org](http://www.jsilny.org)), Global Credential Evaluators ([www.gceus.com](http://www.gceus.com)) or a service that is a National Association of Credential Evaluation Services (NACES) member ([www.naces.org](http://www.naces.org)).

## **ADVANCED STANDING AND TRANSFER STUDENTS**

Transfer students undergo the same admissions process as first-time applicants. Acceptance of transfer credits is at the sole discretion of SMUSOM. St. Matthew's University School of Medicine only provides advanced standing to qualified transfer students from medical schools listed in the World Directory of Medical Schools. SMUSOM will not consider coursework completed through a distance learning program. Students with unsatisfactory records are not considered for advanced standing. Acceptance is contingent upon the recommendation of the Admissions Committee and on the basis of space available within the class.

SMUSOM does not accept transfer students directly into the Clinical Medicine program. Students requesting to transfer into the Clinical Medicine program will only be considered for acceptance into the fourth or fifth semester of the Basic Science program (based on a review of prior coursework by the Associate Dean of Basic Science), but to be eligible to do so, they must have passed the United States Medical Licensing Exam (USMLE) Step 1.

We encourage applications from people with work experience in healthcare. However, chiropractors, podiatrists, dentists and physician's assistants

will not be granted advanced standing based on work experience.

## **MEDICAL COLLEGE ADMISSIONS TEST (MCAT)**

The Medical College Admission Test (MCAT) is required for all applicants who are U.S. citizens, nationals or permanent residents. Taking the MCAT is recommended for all other applicants as well. The MCAT is offered online multiple times per year. Information on MCAT testing dates is available at [www.aamc.org](http://www.aamc.org).

Information regarding your application, dates and locations should be directed to:

Association of American Medical Colleges  
Medical College Admissions Test  
2450 N. St., NW Washington, DC 20037  
Phone: (202) 828.0690

Application for the test must be made approximately one month prior to the desired testing date. SMUSOM's MCAT code is 919. If using the MCAT (THx) system, please use the school name. MCAT scores must be submitted to our Admissions Office in Orlando, Florida.

## **LETTERS OF RECOMMENDATION**

Confidential appraisals by college advisors, instructors or others are an important part of the application. Ask for recommendations from individuals who can give a concise and thorough assessment of your personality, industry, reliability and motivation. Applicants are given the option of signing a waiver regarding the confidentiality of these letters. At least two letters of recommendation are requested from each applicant.

## **PERSONAL STATEMENT**

Applicants must submit a personal statement with the application form. This offers an opportunity for the applicant to describe personal attributes, characteristics and interests that support a decision to study medicine. The Admissions Committee is interested in participation in research projects, hobbies and health-related employment or experience. The personal statement should also include evidence of motivation, commitment to pursue a medical career and an ability to work with people. Compassion, empathy and the ability to deal with everyday problems are considered important qualities. We focus as much on the determination and life experience of our candidates as on their academic background.

## INTERVIEW

When a candidate is favorably considered, the Admissions Committee schedules an interview. The interview may be in-person or by video conference. The interview serves both the applicants and the committee by providing an opportunity for the applicant to ask pertinent questions and introduce any special circumstances that should be considered. The committee gains the opportunity to determine if the candidate demonstrates the personal qualities that are required in a good physician. These qualities include motivation, commitment to a medical career, empathy, compassion, maturity and flexibility in dealing with problems.

## ADMISSIONS DECISION

Notification of Acceptance Letters (or non-acceptance) are usually sent within one week after the Admissions Committee has reached a decision. Students who are accepted are expected to return a signed Letter of Intent promptly. The Letter of Intent must be accompanied by a seat deposit fee of \$500 USD to reserve a place in the upcoming class. This fee is non-refundable but will be accounted as part of the first semester's tuition total.

All immigration and other documentation must be received at the U.S. Admissions Office no later than 30 days before the start of term. See the Academic Calendar on page 30 for our schedule.

## RE-APPLICATION

Unsuccessful applicants may reapply by repeating the admission process. A new application form, a new personal statement and new letters of recommendation must be submitted to St. Matthew's University School of Medicine. The admissions team will be available to help you through this process.

We are open to both traditional and non-traditional applicants, so we truly encourage your application. Due to our rolling admissions, there is no deadline to apply. However, seats in each class are competitive and early applicants will have the advantage of securing a place in the semester of their choice. Semesters begin in January, May and September.

A completed application file for both new and transfer students will include:

- Completed application form
- Official academic transcripts
- Two letters of recommendation
- Personal statement (max. 500 words)
- MCAT scores (required for U.S. citizens, permanent residents and nationals)

Submit a completed application form along with other supporting documents to:

St. Matthew's University School of Medicine Office of Admissions  
11486 Corporate Blvd, Suite 120  
Orlando, FL 32817

Or via the website at

[www.stmatthews.edu](http://www.stmatthews.edu)

You can also submit all required documentation online at [medicine.stmatthews.edu/admissions/how-to-apply](http://medicine.stmatthews.edu/admissions/how-to-apply).



# Financial Information

To learn more, scan the QR code or visit

[medicine.stmatthews.edu/admissions/how-to-apply/tuition-and-fees](https://medicine.stmatthews.edu/admissions/how-to-apply/tuition-and-fees)



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## Doctor of Medicine (MD) Program

### TUITION AND FEES

Tuition and fees are billed on a semester-by-semester basis for students in Basic Science and Clinical Medicine.

### BASIC SCIENCE

Tuition and fees for students in Basic Science are due upon registration and must be received no later than fifteen days prior to the first day of classes. Non-payment by the first day of classes may result in registration being cancelled. Students must pay tuition and fees prior to attending classes or being recorded on the official roll.

### CLINICAL MEDICINE

Tuition and fees for students in Clinical Medicine are due prior to registration and at least one month prior to the commencement of the semester and/or clinical rotation. Tuition and fees are charged for all clinical rotations.

Students in Clinical Medicine will be billed for an entire semester regardless of the starting date, as long as the student is in rotations. Additional charges may be due if students choose an elective rotation with costs exceeding the standard St. Matthew's University School of Medicine subsidy rate. Each student will pay for five Clinical Medicine semesters (assuming that no rotations were failed).

Tuition and fees are subject to change. Students with an outstanding balance due are not eligible to register for the next semester without clearing that outstanding balance to the satisfaction of the Financial Office. For students in both Basic Science and Clinical Medicine, a \$200 USD late fee will be assessed if tuition and fees are not paid on time.



# Tuition and Fees

Effective as of the September 2026 semester.

MD PROGRAM TUITION AND FEES	USD
Basic Science Tuition per Term (Term 1-5)	\$18,202
Basic Science Administrative Fee per Term (Term 1-5)	\$7,570
Clinical Medicine Tuition per Term (Term 6-10)	\$24,406
Clinical Medicine Administrative Fee per Term (Term 6-10)	\$5,794
Malpractice Insurance per Term (Term 6-10)	\$295
ADDITIONAL FEES	USD
Graduation Fee	\$500
Background Check Fee (Depending on the required extent of search)	\$50-\$250
Cayman Entry Fee*	\$113
Returned Check Fee (insufficient funds)	\$35
Late Tuition Payment Fee	\$200
CBSE Retake Fee	\$300
Part-Time Tuition per Credit Hour	\$850
Part-Time Administrative Fee per Credit Hour	\$355
Deferment Fee (non-refundable)	\$500
Leave of Absence Fee	\$500
Transcript Request Fee	\$10
Tuition Deposit (non-refundable)	\$500

\*Cayman Island Government Fee

## BASIC SCIENCE REFUND POLICY

All refunds will be made within thirty (30) days of the withdrawal date. Before any refund can be initiated, a withdrawal form must be completed and submitted to the Dean of Basic Science.

**Basic Science tuition will be refunded according to the following schedule\*:**

Prior to the start of the semester	100%
During the first week of the semester	93%
During the second week of the semester	87%
During the third week of the semester	80%
During the fourth week of the semester	No Refund

Any new applicant to SMUSOM requesting withdrawal within three days of payment of the seat deposit shall receive a full refund of all tuition and fees paid, as well as the seat deposit.

*\*All fees, including the first semester seat deposit fee of \$500.00 USD, are excluded from this refund policy and are not refundable (after the first three days exemption, as described).*

## CLINICAL MEDICINE REFUND POLICY

Any student withdrawing from a clinical rotation, subsequent to assignment and acceptance, will not be eligible for a refund on tuition for that semester of rotations.

## OTHER CHARGES

Students attending Basic Science on Grand Cayman will be billed monthly for any miscellaneous charges accrued. Payment is due upon receipt of these invoices. Non-payment of accounts will result in the loss of credit privileges on campus.

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## Financial Aid

We realize that attendance at medical school represents a significant investment for our students and their families. At St. Matthew's University School of Medicine, we are committed to doing everything we can to make your medical education more accessible.

### U.S. FEDERAL LOANS

St. Matthew's University School of Medicine has been approved by the United States Department of Education for participation in relevant student loan programs. Qualified citizens and permanent residents of the United States in the SMUSOM MD program may be eligible to receive federal funding to help pay for the cost of their education. The Free Application

for Federal Student Aid (FAFSA) must be completed to determine eligibility. St. Matthew's University School of Medicine's school code is 037643.

### CANADIAN STUDENT LOANS

Canadian students in the SMUSOM MD program are eligible for government loans through their province of residence. Students may apply for up to 52 weeks of financial assistance annually. Work directly with your individual province for information regarding requirements. St. Matthew's University School of Medicine's school code for applying is NUBQ.

For information regarding financial aid, email [finaid@stmatthews.edu](mailto:finaid@stmatthews.edu) or call 1 (800) 498-9700.

# Scholarships

In order to best support our students and help make our MD program more accessible, we offer a variety of meaningful grants and scholarships. These include the:

- U.S. Academic Scholarship
- Canadian Merit Scholarship
- Canadian Citizens Grant
- Transfer Scholarship
- International Scholarship
- Opportunity Grant
- Cayman Islands Scholarship
- Jha Family Scholarship

For more information about these opportunities, please visit:

[medicine.stmatthews.edu/admissions/how-to-apply/scholarships](https://medicine.stmatthews.edu/admissions/how-to-apply/scholarships)

Or scan the QR code



**MD program participants from the U.S. are eligible for student loans via Federal Student Aid programming, as well as relevant SMUSOM grants and scholarships.**



# MD Program Curriculum

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The St. Matthew's University School of Medicine Doctor of Medicine (MD) curriculum is structured as a 10-semester program that integrates foundational basic sciences with clinical training. The first half of the program is focused on basic sciences and the second half consists of clinical rotations.

## **BASIC SCIENCE (SEMESTERS 1-5)**

During the first two years, students study basic science subjects on the St. Matthew's University Grand Cayman campus. These courses provide the scientific foundation needed for understanding human health and disease. Key subjects include anatomy, physiology, biochemistry, microbiology, pathology, pharmacology and behavioral sciences. Students also take courses in patient-doctor relations, ethics and evidence-based medicine, and develop early clinical skills, such as history taking and physical examination.

This portion of the program incorporates lectures, laboratory work, small-group learning, and early clinical experience in local hospitals and clinics. Students gain invaluable knowledge by experiencing real healthcare settings and participating in community outreach.

The Clinical Shadowing Program gives our students the opportunity to make meaning of the knowledge and lessons learned from lectures and textbooks in a real-life clinical setting. Students perform medical examinations and procedures, and work with other members of the healthcare team. Program preceptors represent a diverse set of specialties, such as internal medicine, surgery, pediatrics and orthopedics, to name a few.

Toward the end of Basic Science, students complete an integrated review course and must pass a comprehensive examination to demonstrate readiness for the USMLE Step 1 exam.

## **CLINICAL MEDICINE (SEMESTERS 6-10)**

The final two years focus on clinical medicine, where students complete 72 weeks of supervised clinical rotations (clerkships) at affiliated clinical sites. Core clerkships are conducted at affiliated teaching hospitals, primarily in the United States, and electives are conducted at affiliated clinical sites in the U.S., with some elective opportunities in Canada.

Core clerkships include:

- Internal Medicine
- Surgery
- Pediatrics
- Obstetrics and Gynecology
- Psychiatry

During this time, students apply their scientific knowledge in real patient-care settings, gaining hands-on experience in diagnosis, treatment planning and professional medical practice. After completing clinical rotations and meeting examination requirements, including the USMLE Step 2 CK, students are eligible to graduate with a Doctor of Medicine (MD) degree.

The curriculum is designed to progressively transition students from classroom-based basic science learning to practical clinical training, preparing graduates for postgraduate residency training and medical practice.



# Academic Calendar 2026-2028

SEMESTER	TERM DATES	DIPLOMA DATES
Spring 2026	Jan 5 - Apr 17	January 9/March 13
Summer 2026	May 4 - Aug 14	May 22
Fall 2026	Sep 7 - Dec 18	September 4
Spring 2027	Jan 11 - Apr 23	January 8/March 19
Summer 2027	May 10 - Aug 20	May 21
Fall 2027	Sep 6 - Dec 17	September 3
Spring 2028	Jan 10 - Apr 21	January 7/March 17
Summer 2028	May 8 - Aug 18	May 19
Fall 2028	Sep 4 - Dec 15	September 1

Please note that as SMUSOM is an international medical school and operates on a three semester per year basis; public holidays from your home country may not be observed.

## Course Curriculum

COURSE	COURSE NAME	CREDITS
<b>SEMESTER 1</b>		
MD 111	Patient-Doctor Relations Part-I	2
MD 122	Principles of Research & Evidence Based Medicine	2
MD 140	Histology & Cell Biology	10
MD 166	Developmental and Gross Anatomy	16

COURSE	COURSE NAME	CREDITS
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### SEMESTER 2

MD 236	Genetics	6
MD 243	Biostatistics and Epidemiology	4
MD 270	Biochemistry & Molecular Biology	10
MD 282	Physiology	12

COURSE	COURSE NAME	CREDIT(S)
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### SEMESTER 3

MD 300	Medical Spanish (Elective)	1
MD 311	Patient-Doctor Relations Part-II	2
MD 332	Microbiology & Immunology	12
MD 383	Behavioral Sciences & Ethics	13
MD 369	Neuroscience	9

COURSE	COURSE NAME	CREDITS
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### SEMESTER 4

MD 411	Patient-Doctor Relations Part-III	6
MD 468	Pharmacology	12
MD 482	Pathology I	12

COURSE	COURSE NAME	CREDIT(S)
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### SEMESTER 5

MD 501	Clinical Therapeutics	1
MD 507	Introduction to Clinical Medicine	7
MD 508	Pathology II	8
MD 516	Foundations of Clinical Medicine	16

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## First Semester

### **MD 111**

#### **PATIENT-DOCTOR RELATIONS PART I 2 CREDITS**

This course is the first in a series of required two-credit courses that provide medical students with a progressive introduction to the skills and attitudes that are requisite in becoming competent, compassionate physicians. In this first course, students will come to appreciate the essential nature of a complete history. They will also develop their skills in self-reflection and learn to give and receive constructive feedback to and from their peers. Throughout the course, students must develop the ability to communicate concisely, present patient histories accurately to colleagues, confidently share information and take advice, and effectively write patient notes. (Lecture/Clinical Skills Lab)

### **MD 122**

#### **PRINCIPLES OF RESEARCH AND EVIDENCE-BASED MEDICINE 2 CREDITS**

Students will develop research skills related to Evidence-Based Medicine (EBM). They will be introduced to concepts of research analysis and critical thinking. At the end of this course, the students will be able to identify and frame a clinical question based on therapy, diagnosis, prognosis or etiology; develop a focused search strategy to identify articles that best answer the clinical question; identify and use the appropriate medical database; and critically appraise articles for validity.

### **MD 140**

#### **HISTOLOGY AND CELL BIOLOGY 10 CREDITS**

This course examines the microanatomy of cells, tissues and organs. Lectures illustrate the microstructure of major tissues and organs in relation to their function. Laboratory exercises use the light microscope to study these components, and make use of slides and electron micrographs for review and discussion. This lab-oriented course presents the molecular biology and histology of

normal cells, tissues and organ systems at various developmental functional stages. Students will learn the unique characteristics of the four basic tissues of the body: epithelial tissue, connective tissue (including bone, cartilage and blood), muscle tissue and nervous tissue. Students will learn how individual cell functions interact with one another and how such interactions are accomplished from the tissue levels to the organ levels. The course introduces molecular and control systems, and prepares students for future understanding of normal (homeostasis) systems and pathological conditions. In addition, students learn how molecular building blocks are utilized for growth and differentiation, wound healing and tissue repair, defense mechanisms, and transfer of hereditary characters. (Lecture/Lab)

### **MD 166**

#### **DEVELOPMENTAL AND GROSS ANATOMY 16 CREDITS**

This course integrates gross human anatomy and medical embryology, allowing students to understand the relationship of embryological development to gross structure, and the mechanisms of congenital abnormalities. Through lectures, use of human plastinated cadavers, evaluation of radiographs (including CT and MRI) and clinical correlations, students acquire a basic knowledge of the normal gross structure, functional and clinical anatomy of organs, and systems of the adult human body, including the brain, spinal cord, back, thorax, abdomen, pelvis and perineum. The embryological aspects, including fertilization and placentation, and development of each organ and system, from gametogenesis to birth, is discussed along with the gross anatomy. Clinical correlative sessions illustrate medically relevant normal and abnormal findings, and common congenital malformations are used to demonstrate mechanisms of teratogenesis. Computer-based tutorial programs and structured reviews are used to supplement the lectures and labs. (Lecture/Lab)

## Second Semester

**MD 236**  
**GENETICS**  
**6 CREDITS**

This course provides students with an understanding of the principles and concepts upon which current clinical genetic practice (diagnosis, treatment and counseling) is based. This course covers the genetics of human populations and introduces recent and ongoing discoveries so that their future applications may be understood. It builds upon the foundation of basic material introduced in Histology and Cell Biology. (Lecture)

**MD 243**  
**BIostatISTICS AND EPIDEMIOLOGY**  
**4 CREDITS**

Students master basic descriptive and inferential tools to understand statistical evaluation of research. This course will help students learn how to conduct epidemiologic investigation, how to critically review medical literature and how to use such information in a clinical environment. Students acquire a basic level of proficiency in epidemiologic principals and understand how to apply epidemiology in clinical practice. (Lecture)

**MD 270**  
**BIOCHEMISTRY AND MOLECULAR BIOLOGY**  
**10 CREDITS**

The biochemical pathways of living organisms are studied to include the structure of biomolecular chemistry, and an understanding of energy yielding processes and the transfer of genetic material. This course includes the study of the chemistry and reactions of constituents of living matter, including the carbohydrates, lipids, proteins, nucleic acids, vitamins, coenzymes and minerals; the chemistry and regulation of the reactions and processes of whole organisms; endocrinology; enzymology; nutrition; intermediary metabolism; and biochemical mechanisms in selected disease states. Theory and application of classical and emerging technologies in biochemical lab analysis will be covered. (Lecture)

**MD 282**  
**PHYSIOLOGY**  
**12 CREDITS**

The principles of human physiology are first studied, then followed by an intensive overview of human organ system physiology to include neural, muscular, cardiovascular, respiratory, endocrine, gastrointestinal and kidney physiological processes. The goals of this course are to enhance the student's ability to critically analyze the cell biology mechanisms governing the functions of each system and to utilize physiological concepts in problem solving. Small groups and the hands-on lab component of the course reinforce lecture material. (Lecture/Lab)

## Third Semester

**MD 311**  
**PATIENT-DOCTOR RELATIONS PART-II**  
**2 CREDITS**

Students will learn to obtain a neurological history using the Calgary-Cambridge guide to the medical interview (patient-centered approach). They will also learn to understand specific signs and symptoms of neurological conditions (including eyes and ENT). (Lecture/Clinical Skills Lab)

**MD 332**  
**MICROBIOLOGY AND IMMUNOLOGY**  
**12 CREDITS**

This course considers the characteristics and properties of microorganisms, their role in disease processes, and select aspects of diagnosis and treatment of infectious disease. Other topics include the basic principles of bacteriology, mycology, parasitology, virology, immunology and microbial genetics, including cultural characteristics and pathogenic properties of medically important species of bacteria, fungi and viruses. This course covers the basic immunologic concepts of the cells and humoral products of the immune system. Lectures include the molecular biology and genetics of antigen recognition and immunoglobulin production, plus the characteristics and detection of antigen-antibody reactions. The approach is to correlate these

basic concepts with clinical manifestations of disease, the immunopathologic mechanisms of hypersensitivity, autoimmunity, transplantation, tumor immunology, hematology, reproduction, infectious diseases and immunodeficiency. (Lecture/Lab)

**MD 369**  
**NEUROSCIENCE**  
**9 CREDITS**

This course will include an interdisciplinary investigation of the physiology and the gross and microscopic structure of the brain, spinal cord and nervous system of humans. Aspects of brain energy metabolism, neurotransmitter synthesis and degradation, and psychopharmacology are presented. This course integrates anatomical and physiological material to assist the student in understanding common neurological disease processes. Laboratory exercises will provide slides and dissection of the human brain, spinal cord and relevant structures. The student will be introduced to modern methods of neuroimaging, including CT scans and MRI. (Lecture/Lab)

**MD 383**  
**BEHAVIORAL SCIENCES AND ETHICS**  
**13 CREDITS**

Abnormalities in human functioning are examined and students are introduced to psychiatric evaluation, nomenclature and clinical writing, and how to conduct a mental status evaluation. The course provides an in-depth study of the DSM 5 psychiatric diagnostic categories. These range from childhood disorders through geriatric dementia. Epidemiology and pathogenesis, differential diagnosis, course and prognosis, and current treatment strategies are presented. Additionally, students participate in case-based discussions of ethical dilemmas facing today's healthcare provider. Ethical analysis of moral reasoning is emphasized. Students are challenged to reflect on their personal values and moral obligations as physicians. (Lecture)



**MD 300**  
**MEDICAL SPANISH (ELECTIVE)**  
1 CREDIT

This course will provide the basic communication skills for medical practice. Its focus will be the usual verbal exchanges that happen in patient-doctor relationships. Emphasis will be placed on the most common mistakes that have the potential to impair compliance with treatment and overall trust, while keeping the broad aim of the course on improving the understanding of basic Spanish in the medical setting. (Lecture)

## Fourth Semester

**MD 411**  
**PATIENT-DOCTOR RELATIONS PART-III**  
6 CREDITS

Students will develop a practical approach to patient care by integrating the knowledge learned in Basic Science with the acquired skills of clinical practice. Participants will study the clinical presentation of major systemic disease processes, formulate differential diagnoses and develop diagnostic approaches to various conditions, including pertinent laboratory tests and imaging studies. By its conclusion, students will be able to take a structured medical history from a patient using the Calgary-Cambridge model of communication. They will also be able to perform a focused physical examination and write relevant, well-researched and well-organized Integrated Clinical Encounter (ICE) notes. (Lecture/Clinical Skills Lab)

**MD 468**  
**PHARMACOLOGY**  
12 CREDITS

This course builds upon the students' understanding of pharmacology, providing practical experience of medical therapeutics in a case-based format. The fundamentals of pharmacokinetics and pharmaceutical preparations, including drug actions and interactions, are presented, as well as adverse effects and pharmacological actions. The student must be able to understand the mechanism of action of common classes of medications and be able to evaluate basic pharmacological data. This course also covers all major classes of therapeutic medications used in clinical practice during the treatment of disease processes. The clinical component will provide students with the necessary background to practice rational drug therapy as it applies to clinical practice. (Lecture)



**MD 482**  
**PATHOLOGY I**  
**12 CREDITS**

This first section of a two-semester comprehensive curriculum is an introduction to the responses of cells, tissues and organs to major disease processes. Lectures and laboratory demonstrations will introduce students to definitions, etiology, gross and microscopic lesions, and pathogenesis. Emphasis is placed on basic concepts and principles of disease processes. (Lecture/Lab)

## Fifth Semester

**MD 501**  
**CLINICAL THERAPEUTICS**  
**1 CREDIT**

This course is designed to provide students with an understanding of blood groups, blood products and transfusion reactions; to examine variations in pharmacokinetics across different age populations, including pediatric and geriatric patients; to explore the teratogenic potential of selected drugs; and to emphasize the importance of disease-specific dietary modifications in special clinical conditions. In addition, the course introduces core principles of patient data privacy by enabling students to identify protected health information (PHI), understand appropriate uses and disclosures, apply strategies to safeguard PHI and recognize procedures for reporting PHI breaches in compliance with HIPAA requirements. (Lecture/Lab)

**MD 507**  
**INTRODUCTION TO CLINICAL MEDICINE**  
**7 CREDITS**

This team-taught course helps the student to prepare for hospital clerkships. Students will gain practical knowledge and experience in the diagnosis and treatment of patients. Following an integrated case-based curriculum, students will take histories and perform physical examinations on trained standardized patients. They will work individually and in teams to discuss differential diagnoses and investigation strategies, and will use the information gained to formulate management and disposition plans. Throughout this course, there is an emphasis on the need to listen and communicate effectively with colleagues, team members, and most importantly, with patients.

The students will have an opportunity to spend time with practicing physicians in a hospital/clinical setting. Students will be evaluated both formatively and by objective structured clinical examination (OSCE) standards. (Lecture/Clinical Skills Lab)

**MD 508**  
**PATHOLOGY II**  
**8 CREDITS**

This second part of the Pathology curriculum focuses primarily on systemic pathology and disease processes. In this course, emphasis is placed on relating pathophysiological and biochemical abnormalities of disease processes to clinical signs and symptoms of disease. Pulmonary, cardiac, gastrointestinal, endocrine, rheumatic, orthopedic, renal, neurological and hematology organ systems are covered. Knowledge and understanding of the etiology and pathogenesis of diseases is gained through the intense examination of clinical cases, gross material, selected microscopic slides, clinical laboratory data and X-rays. (Lecture/Lab)

**MD 516**  
**FOUNDATIONS OF CLINICAL MEDICINE**  
**16 CREDITS**

This course utilizes lectures and other materials to provide a structured, integrated review of Basic Science. An emphasis is placed on the understanding of disease processes and clinical problem solving. Students attend daily live lectures. Early in the course, students are given a diagnostic pre-test to help identify problem areas and individualize learning goals. Then, near the end of the course, every student is required to demonstrate proficiency by achieving a satisfactory score on a comprehensive exam covering the entire Basic Science curriculum before the school will certify that the student can take the USMLE Step 1 exam. This evaluation may be the Comprehensive Basic Science Exam (CBSE), which is designed by the NBME for this purpose, and/or another exam.



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## Clinical Medicine Program and Clerkship Rotations

At the end of the fifth semester of Basic Science, after successfully passing the USMLE Step 1 exam, students start clinical clerkship rotations for semesters 6-10. During the fifth semester, students participate in a Clinical Orientation where they receive information on available clerkships. The Clinical Medicine department makes every effort to assign students to the hospital that best suits their qualifications, requirements and desires. Core rotations will be taken and completed in a teaching hospital.

### THIRD-YEAR CORE ROTATIONS COVER FIVE SPECIALTIES

Internal Medicine	12 weeks
Surgery	12 weeks
Pediatrics	6 weeks
Obstetrics & Gynecology	6 weeks
Psychiatry	6 weeks

### CLINICAL ROTATIONS

Clinical clerkship rotations are an exciting and enriching aspect of medical training. Succeeding requires both determination and sacrifice. The Clinical Dean and Clinical Medicine department team will work closely with students to ensure they fully benefit from clinical rotations, and are well prepared for residency applications and placements.

### ASSIGNMENT POLICY

The Clinical Coordinator, with permission from the Dean and Associate Dean of Clinical Sciences, assigns clinical rotations. Students must receive a passing score on the USMLE Step 1 exam prior to commencing their third year clinical clerkships. Although SMUSOM arranges and schedules the core rotations, the selection and scheduling of electives is done by the student via an application that must be approved in advance by SMUSOM. Most students benefit from choosing electives in a variety of hospitals, particularly in hospitals or geographic locations where they hope to secure a residency. Students receive a clinical clerkship packet before completing Basic Science. This information helps them prepare for clinicals and plan their senior year by identifying desired elective sites.

### CORE CLERKSHIP EXAMS

Each student is required to take The National Board of Medical Examiners (NBME) Core Clerkship Examinations. Testing in each of the core subject areas is conducted multiple times per year. There is an NBME examination for all core clinical rotations. Students are eligible to sit for any Core Clerkship Examination following the completion of that core rotation. The Core Clerkship Examination should be taken at the first opportunity it is offered, following the completion of the rotation. Students are not permitted to take an exam until they are within one week of completing a rotation or have completed the rotation. The Clinical Medicine department arranges testing.

A student will not receive official transcript credit for a core rotation until the student receives a passing grade of 70% with the combined scores of the faculty evaluation, patient logs, clinical subject exam, interprofessional education exercise and required weekly assignments. The grades from these components are combined for a final transcript grade.

### CLINICAL ROTATION OBJECTIVES

The Clinical Medicine program encompasses 72 weeks. The objectives of the clinical rotations are to:

- Expose students to a range of experiences that integrate information from various specialties.
- Ground students in thorough basic and advanced clinical training to prepare them for residency training.
- Encourage students to value learning as a life-long process.

## Third-Year Core Clerkship Curriculum

### INTERNAL MEDICINE

Students learn to conduct a thorough diagnostic work-up, including the history and physical examination, with emphasis on detailed neurological evaluation of the patient and the design of treatment plans. Students gain sensitivity to dual diagnosing and differential diagnosing. Students participate in grand rounds, work individually with patients and participate in the treatment plan. Additionally, seminars on selected topics by residents or preceptors are incorporated.



### **SURGERY**

Students follow patients through surgical assessment, preparation for surgery, the surgical process in the operating room, the intensive or immediate care of the patient in the recovery period and follow-up care. Students engage in intensive pre-surgical preparation on each case, including the study of case histories, prior physical examinations and prior treatment, and diagnoses. Follow-up on post-surgical cases extends to learning about the support of family and friends, community resources and the discharge process.

### **PEDIATRICS**

Students learn to develop rapport with young patients and diagnose, develop and carry out a treatment plan for infants, children and adolescents. Students gain a greater sensitivity to the interdependence between the patient and the parent, and learn how to interact with each to promote treatment and recovery.

### **OBSTETRICS/GYNECOLOGY**

Students are presented with all phases of patient care related to fertility concerns, pregnancy, labor, delivery and postpartum care. Students participate in family planning counseling, and learn to detect, diagnose and devise a treatment plan for gynecologic diseases. Normal and pathologic cases are observed, including normal and cesarean deliveries.

### **PSYCHIATRY**

Students learn to diagnose mental disorders. Emphasis is placed on taking a psychiatric history and evaluating mental status, as well as making differential diagnoses. Students are introduced to a variety of therapies for treatment of psychiatric disorders.

## Fourth-Year Elective Clerkships

During the fourth year, students choose elective rotations. These clerkship rotations can include most specialties, including those from the core rotations. Students take electives in blocks, typically of four or six weeks, and must complete a total of 30 weeks of electives.

Recommended elective clerkships include:

- Allergy and Immunology
- Anesthesiology
- Cardiology
- Community Health Care
- Critical Care
- Dermatology
- Emergency Medicine
- Endocrinology
- Family Medicine
- Gastroenterology
- Gerontology
- Hematology
- Infectious Disease
- Nephrology
- Neurology
- Oncology
- Ophthalmology
- Pathology
- Preventive Medicine
- Pulmonary Disease
- Radiology
- Rheumatology
- Urology

All students are required to complete four weeks of a primary care elective.

## Approved Rotations

Students do not receive credit unless SMUSOM approves and certifies all electives. With permission from the Dean, students may complete electives in conjunction with the core specialties. A student can designate additional hours in any core rotation as electives. For example, 16 weeks of surgery might represent 12 weeks of core rotations credit and four weeks of electives credit. Any student who secures a rotation in a hospital that is not affiliated with SMUSOM must have permission from the Dean of Clinical Sciences. If approval is not granted in advance, the unapproved rotation will not earn credit.

## Expenses Related to Rotations

Core rotations are conducted in the U.S. and students may have to move between clinical sites to complete the five rotations. Students need to plan for transportation and housing expenses at each location. Students in clinical rotations must purchase medical liability insurance. Additional charges may be due if students choose elective rotations with costs exceeding the standard SMUSOM subsidy rate. Each student will pay for five Clinical Medicine semesters (assuming that no rotations were failed).





## USMLE Step 2 CK

Passing the USMLE Step 2 CK exam is a graduation requirement for the MD program. Prior to taking USMLE Step 2 CK, students are required to demonstrate proficiency by achieving a satisfactory score on a comprehensive exam covering the Clinical Medicine curriculum, such as the Comprehensive Clinical Science Exam (CCSE) and/or another exam.

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**At St. Matthew's University School of Medicine, we proudly deliver individualized support that fosters clinical, USMLE and residency placement success.**

# Faculty and Administration

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## Board of Trustees

**JOHN P. DOCHERTY, MD; SPENCER AMORY, MD; W. CHRISTOPHER CROLEY, MD; JOHN CROCKER; SAHANA VYAS, MD**

The distinguished members of this Board of Trustees (Board) are assigned the responsibility of ensuring that the rules and regulations of St. Matthew's University School of Medicine (SMUSOM) meet the highest level of propriety, that they achieve their purpose and that they protect the institution from influences that hinder its academic goals. They also ensure that members of the faculty are qualified for appointment and able competently to perform their function without distraction. The Board also shall exercise supervision of the needs of the student body and recommend steps to make provisions for the welfare of students and the successful pursuit of their studies.

SMUSOM takes this measure to provide supervisory machinery independent of management. The contribution of the Board reinforces our commitment to ensuring that the doctors we graduate are completely prepared and sensitive to the needs of the vulnerable. SMUSOM therefore publicly records its sincerest gratitude to the members of the Board of Trustees who so willingly agreed to join in this endeavor.

St. Matthews's University (Cayman) LTD., is registered with the Florida Department of State as a foreign profit corporation doing business as St. Matthew's University School of Medicine.



## Administration

**GORDON GREEN,**  
MD, MEd, EdD, FRCPC  
Executive Dean

**ADRIANA MARIN-NEGRON**  
Assistant Director of Admissions

**AMITABHA BASU**  
MBBS, MD (Path), M. Clin.Ed (Edin), MPH (Edinburgh),  
Management & Leadership Diploma  
Associate Dean of Basic Sciences, Professor Pathology and Chair

**VALERIE THOMAS, DVM, MSC**  
Director, Learning Center and Student Counseling

**PAULA BOISSEAU**  
Registrar

**JIM BRUZIK, PHD**  
Associate Dean, Medical Education, Basic Sciences  
Professor, Biochemistry

**LINDA BERARDI-DEMO, EDD, MPA**  
Associate Dean, Student Support  
Associate Professor, Preclinical Sciences & Pharmacology

**JON HOJNOSKI, MD**  
Associate Dean of Clinical Sciences

**MARIBEL AURELIO, MD**  
Assistant Dean of Student Affairs,  
Professor, Preclinical Science & Pharmacology

**PRITAM BISWAS, MBBS, MD (PHARMACOLOGY),  
MS CLINED(EDIN.), MACADMED(U.K.)**  
Assistant Dean of Academic Affairs, Associate Professor of  
Medical Pharmacology & Clinical Therapeutics

**RIPLEY MILLER**  
Director of Information Technology

**TERRENCE REID, ED.D., MBA, BA**  
Associate Dean of Clinical Students

**LYNNE WALTON**  
Student Housing Support & Coordinator/International  
Student Settlement Advisor

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**The administration and faculty team  
at St. Matthew's University School of  
Medicine brings extensive experience  
and knowledge to the challenge of  
medical education.**

# Basic Science Faculty

## Anatomy

### **AMEET KUMAR JHA, PHD, MSC**

Associate Professor of Anatomical Sciences

### **SEETHARAMA RAO, PHD, MSC, FAGE**

Professor and Chairman, Anatomical Sciences

## Histology and Cell Biology

### **SUNIL JONATHAN HOLLA, MBBS, MS,**

### **FAIMER FELLOW, PGDFM**

Professor of Anatomical Sciences

## Neuroscience

### **VASANTHA KUMAR, PHD, MSC**

Associate Professor of Histology and Cell Biology, and Neuroscience

## Genetics

### **STEPHANIE E. KING, PHD**

Assistant Professor of Medical Genetics, Biostatistics and Epidemiology

## Microbiology and Immunology

### **NARENDRA P. NAYAK, MD, MBBS**

Professor of Microbiology and Immunology, Chair of Molecular Biology

### **T.K. SUKUMAR, MD, MBBS, MASTERS CLINED (EDIN.), MACADMED (UK)**

Associate Professor of Medical Microbiology & Immunology, Coordinator - Basic Life Support Training Centre

## Pathology

### **AMITABHA BASU, MBBS, MD (PATH), M. CLIN. ED (EDIN), MPH (EDINBURGH)**

Associate Dean of Basic Sciences, Professor Pathology

### **AMIT BHOGE, MD, MBBS**

Associate Professor of Pathology

## Biochemistry

### **INNA SHYPILOVA, MD, PHD**

Associate Professor of Medical Biochemistry

## Pharmacology

### **PRITAM BISWAS, MBBS, MD (PHARMACOLOGY), MS CLINED(EDIN.), MACADMED(U.K.)**

Assistant Dean of Academic Affairs, Associate Professor of Medical Pharmacology & Clinical Therapeutics

### **ROB HILGERS, PHD**

Assistant Professor of Medical Pharmacology, Evidence-Based Medicine, and HIPAA

## Physiology

### **PRAJNA BARKE, MD, MBBS**

Professor and Course Director of Physiology

### **PRAGHOSH CHHETRI, MD, MBBS, MSC**

Assistant Professor of Medical Physiology

## Preclinical Sciences

### **GIMENA MARZAN, MD**

Assistant Professor of Preclinical Science

### **MARIBEL AURELIO, MD**

Assistant Dean of Student Affairs, Associate Professor, Preclinical Sciences Chair

### **ROMINA PAOLA KULBERG, MD**

Assistant Professor of Preclinical Science and Behavioural Science



## Clinical Chairs

Psychiatry: Pending Appointment

### **FRANK LING, MD**

Professor and Chief, Department of  
Obstetrics and Gynecology  
*University of Texas Southwestern Medical School*  
*American Board – Obstetrics and Gynecology*

### **IBRAHIM “PETE” HANNA, MD**

Professor and Chief, Department of Surgery  
*University of Damascus American Board – Surgery*

### **MOHAMMAD MIR, MD**

Professor and Chief, Department of Pediatrics  
*Universidad CETEC Santa Domingo American Board - Pediatrics*

### **RICHARD B. WILLIAMS, MD**

Professor and Chief, Department of Internal Medicine  
*University of Virginia School of Medicine*  
*American Board –Internal Medicine*

### **TOLU OLUPANA, MD**

Professor and Chief, Department of Psychiatry  
MD, *New York University Grossman School of Medicine,*  
*New York City, NY*

## Clinical Medicine Faculty

Internal Medicine

### **FORTUNE ALABI, MD**

Assistant Professor Internal Medicine  
*University of Llorin Medical school*  
*American Board -Internal Medicine, Critical Care Medicine,*  
*Pulmonary Medicine, Sleep Medicine*

### **SYED ALI, M.D.**

Dow Medical College  
*American Board – Internal Medicine, Cardiology*

### **CHRISTOPHER ARMSTRONG, MD**

Assistant Professor Internal Medicine  
*Loma Linda University Medical school*  
*American Board -Internal Medicine*

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St. Matthews University School of Medicine  
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Universidad Autonoma de Guadalajara School of Medicine  
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American Board -Internal Medicine

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Madras Medical College  
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American University of Antigua School of Medicine  
American Board -Internal Medicine

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College of Medicine  
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American Board -Internal Medicine, Pulmonary Medicine,  
Critical Care Medicine

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American Board -Internal Medicine

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American Board -Psychiatry & Neurology

**BYRON MATA, MD**

Assistant Professor Internal Medicine  
Universidad Catolica Santiago de Guayaquil  
Medical School  
American Board -Family Medicine, Geriatric Medicine

**MOHAMMED MOOSA, MD**

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Dow Medical College  
American Board -Internal Medicine/Geriatric Medicine

**FAYSAL RIFAI, D.O.**

Assistant Professor Internal Medicine  
Alabama College of Osteopathic Medicine  
American Board -Internal Medicine

**MATIAS ROJAS, MD**

Assistant Professor Internal Medicine  
National University of Cuyo/Universidad Nacional de Cuyo  
American Board -Internal Medicine

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University of the West Indies Medical school  
American Board -Internal Medicine

**ALICIA CABRERA, MD**

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Instituto Superior De Ciencias Medicas De La Habana  
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## OB/GYN

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 American Board - Obstetrics and Gynecology

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 St. Matthews University School of Medicine  
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 Obesity Medicine

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 UCLA David Geffen School of Medicine  
 American Board - Obstetrics and Gynecology

**RICHARD TRESTER, MD**

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 American Board - Obstetrics and Gynecology

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 Universidad De Medicina Centro De Estudios Tecnicos  
 Medical school  
 American Board - Pediatrics

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Assistant Professor Pediatrics  
 Ross University School of Medicine  
 American Board - Pediatrics

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Assistant Professor Psychiatry  
 Icahn School of Medicine at Mount Sinai  
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Assistant Professor Psychiatry  
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 American Board - Psychiatry

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Assistant Professor Psychiatry  
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 American Board - Surgery

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Assistant Professor Surgery  
 University of Minnesota Medical school  
 American Board - Surgery

**MILAGROS FERNANDEZ, MD**

Assistant Professor Surgery  
 University of Puerto Rico School of Medicine  
 American Board - Surgery

**FRANCISCO HALILI, MD**

Assistant Professor Surgery  
 University of Miami School of Medicine  
 American Board - Surgery

**ISAM HAMDALLAH, MD**

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 Jordan University of Science and  
 Technology School of Medicine  
 American Board - Surgery

**JUAN OMANA, MD**

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 Universidad de Montemorelo School of Medicine  
 American Board – Surgery

**HUMAIR QUADRI, MD**

Assistant Professor Surgery  
 Georgetown University School of Medicine  
 American Board – Surgery, Surgical Oncology

**MICHAEL ZATINA, MD**

Associate Professor of Surgery  
 University of Michigan Medical School  
 American Board – Surgery - General Surgery  
 and Vascular Surgery

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**All SMUSOM faculty have advanced medical and/or doctoral degrees (MD, PhD) or equivalent, as well as demonstrated experience in teaching and/or research.**



Dr. Regina Babal  
Department of Preclinical Sciences

Arisbel A. Aurelio M.D.  
Preclinical Sciences

# Standards of Performance

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## **STUDENT PERFORMANCE**

Student performance is determined on the basis of achievement in each prescribed course or clinical clerkship objective. Students must achieve a passing level established by the faculty of each course or clinical clerkship rotation to earn promotion from semester to semester. Performance is recorded as Honors, High Pass, Pass or Fail. The faculty evaluates each student's knowledge, problem-solving abilities, clinical competence, personal and professional maturity, interpersonal and communication skills, and technical skills.

Graduates who intend to practice medicine in the U.S. must earn ECFMG Certification. ECFMG Certification requires successful completion of the USMLE Steps 1 and 2. Students who intend to practice medicine outside of the U.S. must meet the licensing requirements of the country where they want to practice.

SMUSOM will submit transcripts to any university or college for a student requesting a transfer.

## **PROBATION**

A student who receives an unsatisfactory grade in a single course or clerkship rotation may be placed on academic or clinical probation. Probation usually does not affect attendance in subsequent courses or clerkships, though graduation could be delayed.

## **FAILING A COURSE**

Failed courses are listed on the transcript. When the course is repeated, it is listed a second time, along with the grade received. Any Basic Science student who does not achieve satisfactory results in courses that award 21 semester credit hours or more will be eligible for academic dismissal. Any student who does not pass a course by the second attempt will be eligible for academic dismissal. Any student who receives a failing grade while on academic probation will be eligible for dismissal.

## **ATTENDANCE**

Students are expected to attend all class sessions. The mandatory 80% attendance policy is strictly enforced. If a student misses more than 20% of the scheduled class time, the student will fail that course regardless of academic performance.



### **COURSE WITHDRAWAL POLICY**

Withdrawal from a course is permitted under some circumstances and requires the approval of the Dean of Basic Science or Dean of Clinical Medicine.

### **OFFICIAL LEAVES OF ABSENCE**

The Associate Dean of Basic or Clinical Sciences will consider all requests for an Official Leave of Absence by students who:

- Experience financial hardship and need to take time off to raise funds for their education.
- Suffer an illness or injury, or have a family member who suffers an illness or injury that requires the student's presence.
- Need limited time off to take advantage of an educational opportunity to travel, conduct research or attend classes elsewhere.

Only two Leaves of Absence may be granted. Each request is subject to the approval of the Associate Dean of Basic Sciences or Clinical Sciences. The Dean decides whether a semester away is likely to allow the student to resolve a situation, and whether the student's performance and behavior suggest a reasonable chance of success upon their return.

Students who are not granted official leaves may apply for readmission when ready to resume their education. Students may be required to begin paying any outstanding debt to SMUSOM if they fail to enroll.

### **GRIEVANCE AND APPEALS PROCESS**

Students seeking to resolve problems or complaints should first contact the appropriate instructor or clinical administrator. Students have the right to file a grievance or appeal a decision of the school.

There are due process protections in place when there is the possibility of SMUSOM taking an adverse action against a medical student for academic or professionalism reasons. Students should refer to the Student Handbook for more detailed information and instructions regarding grievance and appeal processes.

## **Graduation, ECFMG Certification and Licensure**

### **GRADUATION REQUIREMENTS**

Students must successfully complete:

- All Basic Science courses, with passing grades for each course
- 42 weeks of third-year core clinical rotations, with passing grades for each rotation
- 30 weeks of fourth-year elective rotations, with passing grades for each rotation
- Passing scores on the United States Medical Licensing Exam (USMLE) Step 1, Step 2 Clinical Knowledge and clinical skills Pathway examinations
- Intent to Graduate form
- Graduation Fee of \$500 USD
- Clear balance with Student Accounts
- Meet the SMU Technical Standards

### **ECFMG CERTIFICATION**

Graduates who wish to enter a residency or fellowship program accredited by the Accreditation Council for Graduate Medical Education (ACGME) must be certified by the Educational Commission for Foreign Medical Graduates (ECFMG) before they can enter the program. They must also be certified by ECFMG if they wish to take Step 3 of the three-step United States Medical Licensing Examination (USMLE). ECFMG Certification is also one of the requirements to obtain a license to practice medicine in the United States.

The purpose of ECFMG Certification is to assess the readiness of graduates from international medical schools to enter U.S. residency and fellowship programs that are accredited by the ACGME. To be certified by ECFMG, you must pass a series of exams; you must also fulfill ECFMG medical education credential requirements.

These requirements include providing ECFMG with copies of your medical diploma and your final medical school transcript (from a WHO listed school), which ECFMG will verify directly with the medical school. Please visit this site for updates and additional information: [www.ecfmg.org](http://www.ecfmg.org).

SMUSOM graduates participate in the National Resident Matching Program (NRMP) along with U.S. medical graduates through the Electronic Residency Application Service (ERAS). Please visit this site for more information: [www.ecfmg.org](http://www.ecfmg.org).

### **LICENSURE**

St. Matthew's University School of Medicine prepares its students for the practice of medicine. Students should familiarize themselves with the licensure and certification requirements of the jurisdiction(s) in which they may wish to practice. All students are required to meet all graduation requirements, including passing USMLE Step 1 and USMLE Step 2 CK, regardless of whether they intend to practice in the United States.

In accordance with SMUSOM's regulatory and accrediting requirements, all students are further required to report their USMLE scores to the school, provide consent allowing ECFMG to report their scores to SMUSOM, and provide a consent allowing the SMUSOM to report their scores to the school's regulatory and accrediting bodies.

## **Standards of Professional Behavior and Academic Honesty**

### **STUDENT CONDUCT, ACADEMIC HONESTY AND DISCIPLINARY PROCEDURES**

Each student is expected to behave in a manner consistent with SMUSOM's mission as an educational institution. Behaviors judged unprofessional, unethical, dishonest, illegal, threatening or dangerous may be considered examples of misconduct. Specific examples of violations that fall under the purview of SMUSOM's disciplinary policies can be found in the Student Handbook. Also included in the Student Handbook are Guidelines for Academic Honesty. SMUSOM expects all students to engage in academic pursuits in a manner that is above reproach.

Students are expected to maintain complete honesty and integrity in the academic experiences both in and outside the classroom. Any student found guilty of dishonesty in any phase of academic work will be subject to disciplinary action. Specific definitions and policies regarding cheating, plagiarism, unauthorized collusion and abuse of resource materials can be found in the Student Handbook.

Disciplinary referrals are handled by the Associate Dean of Basic Sciences. The Associate Dean will conduct an initial investigation and may then administer the necessary remedies, or refer the case to the school's Disciplinary Committee for more extensive investigation and a judicial hearing. When it is determined that a disciplinary violation has occurred, the Disciplinary Committee can recommend remedies ranging from a verbal or written warning to suspension or dismissal. Procedures and policies regarding the administration of disciplinary hearings and associated remedies can be found in the Student Handbook.

### **ANTI-HAZING POLICY**

St. Matthew's University School of Medicine students shall not engage in hazing in any form. Information on any violations of SMUSOM's anti-hazing policy should be reported immediately to the Associate Dean of Basic Sciences. Confirmed instances will be subject to disciplinary action, which may result in dismissal from SMUSOM.

# Student Support



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St. Matthew's University School of Medicine faculty and staff are committed to maximizing your opportunity to succeed academically, personally and throughout your future career as a practicing physician.

As part of this commitment, SMUSOM provides comprehensive USMLE preparation, including access to dedicated faculty support, personalized advising and targeted academic resources to help students achieve success.

## Academic Support

### THE LEARNING CENTER

At the Learning Center, our dedicated team is committed to nurturing student potential and empowering them to excel throughout their time in medical school. Through a collaborative and individualized approach, we help MD program participants identify personal strengths, weaknesses and goals. We then support the creation of personalized plans and provide ongoing support to help foster success.

Key offerings include support with:

- Organization of course materials
- Time management techniques
- How to study for and take multiple choice exams
- Reading for retention
- Stress management strategies
- How to maintain good attention in lectures

### FACULTY REVIEWS AND TUTORING

For Basic Science courses, faculty members offer general review sessions outside of normal class times. These sessions, available to any and all SMUSOM students, review the key points covered in the course.

Basic Science faculty also offer small group tutoring sessions, which provide practice exam questions and other practical techniques to help improve students' test-taking skills. Finally, after each exam, faculty schedule one-on-one time to review test questions with students. Students with exam results that require improvement are expected to schedule

additional time with faculty to review the areas where the individual student struggled with the material.

The faculty member who teaches the course is the first person to whom a student should turn for help, but other resources are available through the Learning Center.

### TEACHING ASSISTANTS

At SMUSOM, we recognize the value of peer-assisted learning. Teaching Assistants are upper-semester Basic Science students who have demonstrated their knowledge of course material. They schedule group sessions in which they review practice questions provided by professors, as well as other materials, to support the student's understanding of course material. They also suggest learning strategies that have worked well for them in a given course.

### STUDENT MENTORS

Prior to arrival on Grand Cayman, incoming students can be put in contact with Student Mentors who are available to assist with a variety of issues related to adjusting to life on Grand Cayman and in school.

### TESTING ACCOMMODATIONS

Requests for testing accommodations are processed by the Office of Disability Resources. We encourage students to apply at [odr@stmatthews.edu](mailto:odr@stmatthews.edu) as early as possible to ensure that they are granted the necessary accommodation prior to first exams.

# Student Services

## NEW STUDENT ORIENTATION

Each new class and all transfer students are scheduled for orientation, course registration and advising activities just prior to the first day of classes. The Offices of the Associate Dean of Student Affairs and Dean of Basic Sciences collaborate with faculty, staff and returning students to facilitate the introduction of new students to SMUSOM administrators, faculty, teaching and learning philosophies, programs, and policies and procedures.

Members of the student government introduce new students to life on campus and are available to answer questions about the SMUSOM experience. First-year students are also encouraged to actively participate in their Pods, which are small groups of Semester 1 students that meet weekly with Course Directors or teaching faculty to ask questions or discuss content related learning strategies. Pod membership is assigned by the Director of the Learning Center and Student Support.

## ACADEMIC ASSISTANCE, GUIDANCE AND COUNSELING

The Learning Center Director works closely with the Associate Dean of Student Affairs, as well as with faculty, to provide support to students experiencing academic and/or personal difficulties. Short-term counseling, crisis counseling and general counseling relating to academic difficulties is available through the Office of the Associate Dean of Student Affairs, the Learning Center and student counseling services.

If longer-term counseling and support is required, referrals can be made to professionals in the community. Academic counseling related to test-taking skills, time management skills and study skills is available from the Learning Center.

## INFORMATION TECHNOLOGY

SMUSOM utilizes high-speed networking to aid in the delivery of classroom and study materials. To ensure a smooth user experience, students are required to own a laptop or notebook computer during their entire time in medical school.

## LIBRARY RESOURCES

The St. Matthew's University School of Medicine Library offers extensive academic support and study resources. Open daily from 7 a.m. to 1 a.m., the library provides quiet study areas, a variety of medical books and texts, and extended hours during exam weeks. Students also have access to key medical databases, including EBSCO Medline Complete and DynaMed, along with journal access and research support. Full guidelines are available on the library portal.

## STUDENT HOUSING

The housing market on Grand Cayman is strong and presents many opportunities for student tenants to find homes. Most rental units come furnished (i.e., stocked with standard furnishings, such as beds, tables, appliances, couches, window dressings, etc.) or fully furnished (i.e., everything but your own clothes and personal belongings is included). Utility costs (e.g., for electricity, water, etc.) are expensive compared to U.S. standards. Rental rates are generally highest in the Seven Mile Beach, George Town and South Sound areas. Security deposits are common and usually equal one month's rent, so be sure to figure this into your budget.

Housing advice and support is available to all SMUSOM students from our dedicated Housing Coordinator.

## RECREATION

Numerous recreational and sporting opportunities are available for students. SMUSOM has corporate memberships at local gyms that students may access. Seven Mile Beach is only steps away from the campus and several golf, cycling and running areas are nearby. Many local sports leagues are open to students. Significant discounts are often available for SMUSOM students on recreational activities, dining and shopping.

## Wellness Programming

At SMUSOM, we believe that a healthy mind and body are essential for personal and academic success. Our wellness activities are designed to promote physical, emotional and social well-being.

### COMMUNITY-BUILDING EVENTS

SMUSOM celebrates the power of community. Through a variety of vibrant events and initiatives, we are dedicated to creating a supportive and inclusive atmosphere where every student feels a deep sense of belonging and connection. From social gatherings to collaborative activities, these community-building efforts help ensure that your medical school experience is enriched with camaraderie, friendship and lasting memories.

### THE STAY HEALTHY AT SCHOOL PROGRAM

St. Matthew's University School of Medicine partners with StudyInsured™ to offer 24/7 access to flexible, holistic support for those managing a variety of mental health challenges, including stress, anxiety and various outside pressures.

Learn more: [medicine.stmatthews.edu/blog/smusom-mental-health-matters-stay-healthy-at-school-program](https://medicine.stmatthews.edu/blog/smusom-mental-health-matters-stay-healthy-at-school-program).

## Health and Immunization Information

### MEDICAL DECLARATION COVER LETTER

Students must complete and submit the Medical Declaration Cover Letter, available at: [medicine.stmatthews.edu/downloads](https://medicine.stmatthews.edu/downloads).

### HEALTH SERVICES

There are three modern hospitals on Grand Cayman that provide affordable basic healthcare services. All students are required to maintain a personal health insurance policy.

### STUDENT ORGANIZATIONS

- Christian Student Association (CSA)
- Emergency Medicine Interest Group (EMIG)
- Fitness Club
- Muslim Student Association (MSA)
- Student Government Association (SGA)



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## Diversity & Opportunity

It is the policy of St. Matthew's University School of Medicine that there shall be no discrimination against persons because of race, religion, age, creed, color, gender, disability, sexual orientation, national origin, marital status, veteran status, or political belief or affiliation, and that equal opportunity shall be available for all. SMUSOM is pleased and proud to have a remarkably diverse student body.

## Disclaimer

The information in this catalog is subject to change. Such changes may be without notice. Potential students should not consider this catalog to represent a contract between St. Matthew's University School of Medicine and an entering student. Tuition, fees and other expenses are listed in U.S. dollars, unless otherwise noted. SMUSOM disclaims any misrepresentation that may have occurred as a result of errors in preparation or typesetting of the catalog.



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ST. MATTHEW'S  
UNIVERSITY

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